

# New Curriculum: Teaching Alberta's NEW Physical Education and Wellness Curriculum: Grade 4 Human Sexuality



PRESENTED BY  
**Nicole Inglis**



## SERIES SESSIONS

Date	Time
January 24, 2023	4:00 PM - 5:30 PM



LOCATION  
**Online**

## FEE

**\$0.00**

## QUESTIONS?

Contact Us:  
[crc-register@arpc.ab.ca](mailto:crc-register@arpc.ab.ca)  
[403-291-0967](tel:403-291-0967)

## REGISTER ONLINE

Visit our website to register:  
[crcpd.ab.ca](http://crcpd.ab.ca)

## Program

Target Audience: Grade 4 teachers and educational assistants are encouraged to attend.

Whether this is your first or twentieth year of teaching, this session will increase your confidence and ease some of your anxiety around teaching the new human sexuality outcomes for grades 4-6. Come to these interactive sessions and discuss innovative activities, strategies to engage students in the classroom, and best practices in teaching sexual health. Test drive updated lesson plans for Grade 4-6 that align with the new PE&W curriculum. See what has changed, and what is staying the same, in each grade. Expand your knowledge of the free resources available at [TeachingSexualHealth.ca](http://TeachingSexualHealth.ca), an authorized Alberta Education resource.

## Presenters

### Nicole Inglis

(she/her) has taught everything from grade 1 PE to Bio 30 and has taught in both public and Catholic Schools. She has an MEd in Adult Education and works on the Sexual and Reproductive Health Promotion team at Alberta Health Services. Nicole lives in Calgary with her wife and two daughters, and longs for a beach with sunshine and a good book every day.

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## Registration Notes

Session times are mountain time.

This session will be recorded and available for 30 days to registered participants.



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Opportunities to K-12 Education Staff**