

# Rethinking Challenging Kids – An Introduction to Collaborative Problem Solving®



**PRESENTED BY** 

**Matt Sticks** 



#### **SERIES SESSIONS**

Date	Time
June 01, 2022	4:00 PM - 6:00 PM



LOCATION

**Online** 

FEE

\$20.00

QUESTIONS?

Contact Us: crc-register@arpdc.ab.ca 403-291-0967

## **REGISTER ONLINE**

Visit our website to register: <a href="mailto:crcpd.ab.ca">crcpd.ab.ca</a>

## **Program**

Target Audience: K-12 teachers, educational assistants, administrators, and guidance counsellors are encouraged to attend.

Working with children and teens struggling with challenging behaviours can be difficult, stressful and complex. Collaborative Problem Solving® (CPS) is a compassionate, evidence-based, trauma-informed approach that provides a philosophy and tools for working with children and youth with challenging behaviours.

This session is a CPS Introductory Training. During the session we will explore what causes challenging behaviours and provide an overview of the three key components of the CPS approach. This training is a foundation for professionals interested in learning more about CPS in the future. If you would like more information about CPS prior to the session, please visit <a href="https://thinkkids.org/">https://thinkkids.org/</a>.

## **Presenters**

### **Matt Sticks**

Matt Sticksl is a teacher, parent and Think: Kids CPS Certified Trainer in Collaborative Problem Solving® (CPS). He is currently teaching in a Student Services role in a K-9 school in Calgary. Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs.

While working in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach to address challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Over the last two years, Matt has delivered CPS training sessions for parents and professionals across Alberta. Visitewlightlearning.ca to learn more about Matt and his work.

## **Registration Notes**

This session will be recorded and available to all registrants for 30 days after the session occurs.

All session times are mountain time.

This session is only available to residents of Alberta.



Providing Quality Professional Learning Opportunities to K-12 Education Staff