

# WEBINAR: Supporting Student Mental Health as Classes Resume: Strategies for Teachers and Educational Assistants



PRESENTED BY

**Bev Baker-Hofmann**

SERIES SESSIONS

Date	Time
August 24, 2020	1:30 PM - 3:00 PM



LOCATION

**Online**

FEE

**\$20.00**

QUESTIONS?

Contact Us:

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## Program

TARGET AUDIENCE: CLASSROOM TEACHERS, EDUCATIONAL ASSISTANTS AND OTHER SCHOOL STAFF ARE ENCOURAGED TO ATTEND

As schools anticipate re-opening in the fall, student mental health and wellbeing will be a high priority for teachers and other school staff. Teachers often feel that they need to be social workers or mental health professionals to support their students social-emotional needs; however, there are many ways to embed activities for wellbeing into everyday teaching practices.

This session will provide a practical framework and activities for supporting positive student mental health by:

- building positive relationships,
- fostering a sense of belonging, and
- creating a sense of safety and calm through building caring conditions for learning.

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## Presenters

**Bev Baker-Hofmann**

Bev Baker-Hofmann is a Registered Psychologist with extensive experience in supporting the positive mental health and wellbeing of children, families, and educators. With a curiosity for exploring new pathways, Bev has worked in schools and systems as a teacher, counsellor, consultant, coach, district office student services leader and Education Ministry interchange. Bev is now "mostly retired" but continues her quest to support her own, and others', well-being.

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