

WEBINAR: Supporting Student Mental Health Before, During, and After the Pandemic



PRESENTED BY Krystal Abrahamowicz



SERIES SESSIONS	
Date	Time
May 26, 2020	1:30 PM - 3:00 PM



LOCATION	
Online	

FEE \$0.00

QUESTIONS

Contact Us: crc-register@arpdc.ab.ca 403-291-0967

REGISTER ONLINE

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Program

TARGET AUDIENCE: K-12 SCHOOL AND SYSTEM ADMINISTRATORS AND MENTAL HEALTH LEADERS

System leaders from Golden Hills School Division and Edmonton Catholic School Division will share stories of practice about how the *Working Together to Support Mental Health in Alberta Schools* resource:

- was used to identify and implement organizational actions supporting student mental health and wellness in their school authorities over the past two years
- continues to frame their thinking around Mental Health supports during the Pandemic
- will continue to be a lens for thinking as they plan for re-entry when that time comes

There will be time for focused conversations about how their approaches might support your own planning and implementation of remote mental health strategies.

We will also explore mental health resources available on the ARPDC Supporting Learning At Home website.

Guest Speakers include:

- Cheryl Shinkaruk, Edmonton Catholic Schools
- Christina Hoover & Deb Nunziata, Golden Hills School Division
- Bev Baker-Hofmann, Alberta Education

Presenters

Krystal Abrahamowicz

is currently the Coordinator of Inclusion for Foundations for the Future Charter Academy. With extensive background and training in gifted education, and many years of experience supporting diverse learners, Krystal is a passionate believer that every student can experience success at school. Krystal has extensive experience with adult professional learning, serving as the Executive Director for the Calgary Regional Consortium (CRC) from 2019 - 2022. During her time with the CRC, she authored the *Supporting High School Completion a Tool Kit for Success* resource and had a key role in developing the Implementation and Planning Tool in the Government of Alberta Resource *Working Together to Support Mental Health in Alberta Schools* as well as the ARPDC *Weaving Ways* resource which supports teachers in including Indigenous knowledge systems in their practice.



Providing Quality Professional Learning Opportunities to K-12 Education Staff