

Who's the Boss? Executive Functioning, LD and ADHD

**PRESENTED BY****Tanya Keto****SERIES SESSIONS**

Date	Time
March 13, 2019	9:00 AM - 3:30 PM

**LOCATION****FFCA - Learning Centre - 110 - 7000
Railway St. SE****FEE****\$50.00****QUESTIONS?****Contact Us:****crc-register@arpc.ab.ca
403-291-0967****REGISTER ONLINE****Visit our website to register:
crcpd.ab.ca**

Program

TARGET AUDIENCE: ALL K-12 TEACHERS, INCLUSIVE ED LEADERS AND ADMINISTRATORS ARE ENCOURAGED TO ATTEND

Executive Functions (EF) are mental processes that help to connect past experience with present action to guide goal-directed behaviour. We all have strengths and weaknesses in our executive functions; however, individuals with ADHD and LD may experience increased difficulty in the development and use of these functions compared to their typical same-aged peers. These functions underlie activities such as planning, organizing, strategizing, paying attention to and remembering details, and managing time and space. When students struggle in these areas, it can result in behaviours that are often labelled as "attention seeking", "defiant", "showing off", "unmotivated" or "lazy", "emotional overreactions", and "inflexible", just to name a few.

Teaching students with executive functioning issues can be challenging, and understanding the how and why of EF deficits can significantly impact how we work with these students. This session will increase teacher's knowledge of how EF deficits impact learning and what teachers can do to maximize the success of these students. With a focus on cognitive neuroscience research and brain-based strategies that teachers can use to increase student engagement, motivation, and self-management, teachers will learn what EF is; development of EF; how EF deficits impact students and classroom dynamics; and how to best support students with EF deficits.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

Presenters

Tanya Keto

Tanya Keto (Registered Psychologist #6405 and Permanent Professionally Certified Teacher-AB) has a Bachelor of Education from the University of Alberta and a Master of Education (Child and Applied School Psychology) from the University of Calgary. She is the Manager of Professional Development and Community Education for Foothills Academy Society, a leader in Learning Disabilities (LD) since 1979. Tanya has over 20 years of experience working with individuals with LD and ADHD as a teacher, learning strategist, guidance counselor, and educational psychologist.



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Opportunities to K-12 Education Staff**