

Who's the Boss? Executive Functioning, LD and ADHD

Presented By: **Tanya Keto**

Fee: **\$50.00** (Includes Light Lunch)

Date(s) & Time(s)

March 13, 2019: 9:00 AM - 3:30 PM

Venue:

FFCA - Learning Centre - 110 - 7000 Railway St. SE

About the Session

TARGET AUDIENCE: ALL K-12 TEACHERS, INCLUSIVE ED LEADERS AND AMINISTRATORS ARE ENCOURAGED TO ATTEND

Executive Functions (EF) are mental processes that help to connect past experience with present action to guide goal-directed behaviour. We all have strengths and weaknesses in our executive functions; however, individuals with ADHD and LD may experience increased difficulty in the development and use of these functions compared to their typical same-aged peers. These functions underlie activities such as planning, organizing, strategizing, paying attention to and remembering details, and managing time and space. When students struggle in these areas, it can result in behaviours that are often labelled as "attention seeking", "defiant", "showing off", "unmotivated" or "lazy", "emotional overreactions", and "inflexible", just to name a few.

Teaching students with executive functioning issues can be challenging, and understanding the how and why of EF deficits can significantly impact how we work with these students. This session will increase teacher's knowledge of how EF deficits impact learning and what teachers can do to maximize the success of these students. With a focus on cognitive neuroscience research and brain-based strategies that teachers can use to increase student engagement, motivation, and self-management, teachers will learn what EF is; development of EF; how EF deficits impact students and classroom dynamics; and how to best support students with EF deficits.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

About the Presenter(s)

Tanya Keto (Registered Provisional Psychologist #2423p and Permanent Professionally Certified Teacher-AB) has a Bachelor of Education from the University of Alberta and a Masters of Education (Child and Applied School Psychology) from the University of Calgary. She currently splits her time between two roles: completing psycho-educational assessments as part of the Foothills Assessment and Intervention team and as the Manager of Professional Development and Parent Education for Foothills Academy Society in Calgary. Tanya has over 15 years of experience in schools as a special needs teacher, learning strategist, guidance counselor, and adult educator; 3 years of experience conducting psycho-educational assessments; and she is a mother of an 11-year-old with ADHD and LD. With a unique ability to combine her real-world experiences with empirically driven practices, Tanya presents from a place of knowledge, empathy, and expertise, making evidence-based information accessible and practical to all participants. A passionate advocate for students and a collaborative resource for parents and teachers, Tanya's mission is to set everyone - students, parents, and professionals - up for success!