

# Mental Health Collaborative Community – Working Together Within and Across Systems



PRESENTED BY

**Lori Roe & Krystal Abrahamowicz**



SERIES SESSIONS

Date	Time
November 22, 2018	1:00 PM – 4:00 PM
January 23, 2019	1:00 PM – 4:00 PM
February 06, 2019	1:00 PM – 4:00 PM



LOCATION

**St. Leo Centre – 6220 Lakeview Drive SW**

FEE

**\$45.00**

QUESTIONS?

Contact Us:

[crc-register@arpc.ab.ca](mailto:crc-register@arpc.ab.ca)  
**403-291-0967**

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## Program

### TARGET AUDIENCE: MENTAL HEALTH SYSTEM LEADERS AND COMMUNITY PARTNERS

Last year, support was provided through the Calgary Regional Consortium for school authority mental health leaders in our area to come together with one another and with their community partners to explore and ‘get to know’ the *Working Together To Support Mental Health in Alberta Schools* resource together. In this year ahead, CRC is thrilled to be able to keep this conversation going! Engage in sharing and learning from and with other mental health in schools leaders through this Collaborative Community. This year, we have chosen to shift emphasis to the Planning and Implementation Tool contained within the *Working Together to Support Mental Health in Alberta Schools* resource. Whether you participated in last year’s learning, or this learning is new for you, this collaborative community is designed to:

- support school authorities and their partners in engaging with the Planning and Implementation Tool contained in the Working Together To Support Mental Health in Alberta Schools resource
- encourage conversations to prompt, share, refine and reflect on innovative solutions to collectively and collaboratively maximize our efficacy across the continuum of supports
- identify existing initiatives, evaluate their effectiveness and identify gaps in service or planning
- support deep learning together about how to best leverage the power of partnership

The release of the *Working Together to Support Mental Health in Alberta Schools* resource last year provided a mechanism for school authorities to engage in conversations hand in hand with their community partners and parents/caregivers about how to comprehensively support student mental health together. It was hoped that these conversations invited all partners across regions in the province to consider how they can maximize their collective efficacy and collaborative capacity. It is imperative that we find ways to work together to support the mental health of all students in schools, and the Planning and Implementation Tool contained within the Working Together resource is

designed to support conversations about just that. This Collaborative Community will support your direct engagement with the Planning Conditions.

Join this collaborative community with your mental health planning team, including:

- your school authority's district mental health leaders
- your RCSD partners
- your school and/or community based health partners
- your school and/or community based family support network leaders
- any other partners who are engaged with your district in mental health work

When registering for this community, please have each member of your planning team register so that they can each receive any updates or communications from the facilitators.

*This learning opportunity is being offered through curriculum implementation funding from Alberta Education.*

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## Presenters

### Lori Roe

RSW MSW, is the manager of School Based Mental Health with the Child & Adolescent Addiction and Mental Health and Psychiatry Program with Alberta Health Services Calgary zone and has worked for AHS for 20 years. She is part of the Calgary and Area Regional Collaborative Service Delivery, MASST and YARD collaborative partnerships and Transitions Mental Health Classrooms with CBE and CCSD. She is committed to furthering collaborative and integrated work between health and education.

### Krystal Abrahamowicz

is currently the Coordinator of Inclusion for Foundations for the Future Charter Academy. With extensive background and training in gifted education, and many years of experience supporting diverse learners, Krystal is a passionate believer that every student can experience success at school. Krystal has extensive experience with adult professional learning, serving as the Executive Director for the Calgary Regional Consortium (CRC) from 2019 - 2022. During her time with the CRC, she authored the **Supporting High School Completion a Tool Kit for Success** resource and had a key role in developing the Implementation and Planning Tool in the Government of Alberta Resource **Working Together to Support Mental Health in Alberta Schools**, as well as the ARPDC **Weaving Ways** resource which supports teachers in including Indigenous knowledge systems in their practice.

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