

# Collaborative Community: Working Together to Support Mental Health in Schools



#### PRESENTED BY

## Lori Roe & Krystal Abrahamowicz



#### **SERIES SESSIONS**

Date	Time
December 07, 2017	9:00 AM - 12:00 PM
January 18, 2018	9:00 AM - 12:00 PM
March 01, 2018	9:00 AM - 12:00 PM



#### LOCATION

Dr. Norman Bethune School - 315-86 Ave. SE.

CCC

\$0.00

#### **QUESTIONS?**

Contact Us: crc.info@aplc.ca 403-291-0967

#### PEGISTED ONLINE

Visit our website to register: crcpd.ab.ca

## **Learning Opportunity**

TARGET AUDIENCE: SCHOOLS AND SCHOOL AUTHORITIES ARE ENCOURAGED TO JOIN THIS COLLABORATIVE COMMUNITY WITH THEIR MENTAL HEALTH PLANNING TEAM, INCLUDING ALL SCHOOL, HEALTH AND COMMUNITY PARTNERS.

This Collaborative Community is designed to support implementation of the Working Together to Support Mental Health in Alberta Schools resource, and to offer schools and/or school systems and their partners support as they engage in using the resource to create comprehensive mental health strategies.

Generative and collaborative by design, this community will offer school mental health planning teams the opportunity to come together with other school authorities and their partners in the Calgary area to:

- learn together over time
- share ideas, practices, and resources related to designing and implementing mental health plans in schools
- have conversations with community partners about roles and responsibilities to promote collective efficacy, shared understandings, and effective practices for all

This Community offers a wonderful opportunity to learn alongside other schools and their partners as we grapple with questions about:

- identifying and interpreting sources of data to inform mental health plans
- shared roles and responsibilities in supporting a culture where the mental health of all learners is addressed
- selecting evidence informed programs and resources

In addition, all members of the mental health planning teams that join this collaborative community will gain access to a collaborative on-line space with opportunity for on-going dialogue and sharing of resources with colleagues.

This learning opportunity is being offered through a Mental Health grant from Alberta Education

## **Presenters**

#### Lori Roe

RSW MSW, is the manager of School Based Mental Health with the Child &Adolescent Addiction and Mental Health and Psychiatry Program with Alberta Health Services Calgary zone and has worked for AHS for 20 years. She is part of the Calgary and Area Regional Collaborative Service Delivery, MASST and YARD collaborative partnerships and Transitions Mental Health Classrooms with CBE and CCSD. She is committed to furthering collaborative and integrated work between health and education.

### Krystal Abrahamowicz

is currently the Coordinator of Inclusion for Foundations for the Future Charter Academy. With extensive background and training in gifted education, and many years of experience supporting diverse learners, Krystal is a passionate believer that every student can experience success at school. Krystal has extensive experience with adult professional learning, serving as the Executive Director for the Calgary Regional Consortium (CRC) from 2019 – 2022. During her time with the CRC, she authored the Supporting High School Completion a Tool Kit for Success resource and had a key role in developing the Implementation and Planning Tool in the Government of Alberta Resource Working Together to Support Mental Health in Alberta Schools, as well as the ARPDC Weaving Ways resource which supports teachers in including Indigenous knowledge systems in their practice.



Providing Quality Professional Learning Opportunities to K-12 Education Staff