

Igniting Adolescent Resiliency



PRESENTED BY

Monica Crane

SERIES SESSIONS

Date	Time
October 12, 2017	12:30 PM - 3:00 PM



LOCATION

St. Leo Centre - 6220 Lakeview Drive SW

FEE

\$15.00

QUESTIONS?

Contact Us:

crc-register@arpc.ab.ca
403-291-0967

REGISTER ONLINE

Visit our website to register:
crpcd.ab.ca

Program

TARGET AUDIENCE: GRADES 4-10: TEACHERS, GUIDANCE COUNSELLORS AND ADMINISTRATORS ARE ENCOURAGED TO ATTEND

There has been much talk and many theories shared on the reasons behind it, but one thing is for certain: many of our students lack resiliency skills. This leads to emotional turmoil for students; it impedes their ability to set goals and reach their potential, and puts a strain on those who are trying to support them. This session will address the issue head on- looking at strategies we can use and skills we can teach individual students, or implement as part of a whole-class or whole-school approach to igniting resiliency skills on our adolescents. This session is for classroom teachers, guidance counsellors, administrators- everyone looking to help students gain the mindsets and skills needed to reach their full potential. Takeaway materials provided.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

Presenters

Monica Crane

has 10 years of experience working with adolescents in school and community support settings. She is currently a Guidance Counsellor and Learning Leader of Student Services with the CBE. Before joining a high school, Monica was a Resource Teacher and IPP Coordinator at a middle school. She is also a community therapist with Wood's Homes, and is pursuing her registered psychologist designation with the College of Alberta Psychologists.



Providing Quality Professional Learning
Opportunities to K-12 Education Staff