

From Discomfort to Action: Working Through Climate Anxiety

**PRESENTED BY****Amy Thompson****SERIES SESSIONS**

Date	Time
May 14, 2025	3:45 PM - 4:45 PM

**LOCATION****Online****FEE****\$0.00****QUESTIONS?****Contact Us:**crc.info@aplc.ca[403-291-0967](tel:403-291-0967)**REGISTER ONLINE****Visit our website to register:**crcpd.ab.ca

Learning Opportunity

Target Audience: All grades are welcome!

Join Amy Thompson, from the Alberta Council of Environmental Education to talk about hopeful, helpful ways to address the discomfort climate change can cause within us all. This session helps teachers to support student's emotions, and provide direction to shift the conversation from despair to hope, turning anxiety into action. Alberta's science curriculum requires that climate change be addressed beginning in Grade 6, but this session will help all teachers to feel more comfortable when the topic comes up in other grades and through other outcomes.*Please note that mental health professionals do not facilitate this workshop and will not be providing medical advice

Presenters

Amy Thompson

Amy joined ACEE in 2022 with over a decade of experience as an informal educator. Bringing an interdisciplinary approach to her work, she recognizes the importance of social justice, equity, and diversity in the future of education, and held this as her focus throughout her graduate studies (MEd, Interdisciplinary) in addition to her undergraduate education (BA, Archaeology, BSc. Anthropology). Outside of work, Amy enjoys creative pursuits, including nature journaling, and embroidery, in addition to exploring the natural world.

Registration Notes

All session times are mountain time.

This session will be recorded and available for 30 days.



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Opportunities to K-12 Education Staff**