

# Nature Journaling: A Tool for Critical Thought and Igniting Curiosity



PRESENTED BY

**Amy Thompson**

SERIES SESSIONS

Date	Time
March 14, 2025	1:00 PM - 4:00 PM
April 11, 2025	1:00 PM - 4:00 PM



LOCATION

**Fish Creek Environmental Learning Centre**  
**- 13931 Woodpath Road SW**

FEE

**\$0.00**

QUESTIONS?

Contact Us:

[crc-register@aplc.ca](mailto:crc-register@aplc.ca)  
[403-291-0967](tel:403-291-0967)

REGISTER ONLINE

Visit our website to register:  
[crcpd.ab.ca](http://crcpd.ab.ca)

## Learning Opportunity

Target audience: K-12 instructional leaders, pre-service teachers and teachers are encouraged to attend.

This 2-part workshop will provide the basic skills needed to begin a nature/ field journaling practice with students. **The first session** will focus on basic skills and introduce the pedagogy behind nature/ field journals. **The second session** will dive into a few common techniques that can be used across grade levels and subject areas. It will also focus on tools of the trade in addition to non-traditional techniques used for data collection and "life hacks" to engage students in a nature journaling practice.

- Nature journaling is not about the "pretty pictures", it's about critical thinking and deep observation. Two skills that are life-long tools of any trade
- Nature journaling is an interdisciplinary tool anyone of any age/ grade can use. It also makes for a great assessment tool (for both educators and students)
- Nature journaling isn't just for journaling in nature

## Curriculum Connections

With an emphasis on weaving Scientific Methods learning outcomes into all Organizing Ideas, these nature journaling sessions will help educators teach skills and competencies through science experiences all year long.

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## Presenters

### Amy Thompson

Amy joined ACEE in 2022 with over a decade of experience as an informal educator. Bringing an interdisciplinary approach to her work, she recognizes the importance of social justice, equity, and diversity in the future of education, and held this as her focus throughout her graduate studies (MEd, Interdisciplinary) in addition to her undergraduate education (BA, Archaeology, BSc. Anthropology). Outside of work, Amy enjoys creative pursuits, including nature journaling, and embroidery, in addition to exploring the natural world.

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## Registration Notes

We will have access to an indoor classroom space and washrooms but we intend to spend the majority of time outside journaling.

### What to bring:

- Clothing for the shifting season to keep you warm and dry
- A snack to keep you fueled
- Water and warm drinks
- Comfortable shoes to slowly walk the paved and dirt paths in the park
- A journal, pencil or pen, to record and capture all your ideas and inspiration
- Optional: a waterproof sit-mat or portable stool/chair



**Providing Quality Professional Learning  
Opportunities to K-12 Education Staff**