

# Introduction to the Brain Story and Resilience Scale Framework



PRESENTED BY Nancy Mannix



SERIES SESSIONS

Date	Time
March 11, 2025	4:00 PM - 5:00 PM



LOCATION Online

# FEE \$0.00

### QUESTIONS

Contact Us: crc-register@aplc.ca 403-291-0967

#### **REGISTER ONLINE**

Visit our website to register: <u>crcpd.ab.ca</u>

## Learning Opportunity

Target Audience: K-12 instructional leaders, pre-service teachers and teachers are encouraged to attend.

Resilience can be defined as the ability to respond positively in the face of adversity. In the 1-hour introduction to the Brain Story and Resilience Scale Framework, the main metaphors of the Brain Story, including the Resilience Scale, are reviewed in the context of how they apply at the individual, organizational, and systems level. Explore how the application of a common language and knowledge base can be used to build resilience and improve outcomes for children, families, and communities.

### **Presenters**

#### Nancy Mannix

Nancy Mannix is the Chair and Patron of the Palix Foundation, a private foundation whose philanthropy aims to improve the health and wellness outcomes of children and families. The Foundation, through the Alberta Family Wellness Initiative, focuses on aligning science, policy, and practice in areas of brain development and its implications for child development, mental health, addiction, and other disease and disorders, generating changes at an individual, organizational and systems level.

Nancy's work with the Palix Foundation has garnered a number of prestigious awards in the mental health sector. Throughout her career in the charitable sector, Nancy has been involved with several organizations, and recently contributed to understanding the impact of COVID-19 on children and youth as a member of the Child and Youth Well-being Review panel.

Nancy holds a Bachelor of Arts from the University of San Diego and a Juris Doctor Degree from Seattle University.

### **Registration Notes**

All session times are mountain time.

This session will be recorded and available for 30 days.



Providing Quality Professional Learning Opportunities to K-12 Education Staff