

# Rethinking Challenging Behaviour – An Introduction to Collaborative Problem Solving®

**PRESENTED BY****Matt Sticksl****SERIES SESSIONS**

| Date               | Time              |
|--------------------|-------------------|
| September 18, 2024 | 4:00 PM - 5:30 PM |

**LOCATION****Online****FEE****\$0.00****QUESTIONS?****Contact Us:**[crc.info@aplc.ca](mailto:crc.info@aplc.ca)[403-291-0967](tel:403-291-0967)**REGISTER ONLINE****Visit our website to register:**[crupd.ab.ca](https://crupd.ab.ca)

## Learning Opportunity

Target Audience: All administrators, educational assistants, guidance counsellors, instructional leaders, parents, pre-service teachers, support staff and teachers are encouraged to attend.

Working with children and teens who demonstrate challenging behaviours can be difficult, stressful, and complex. Collaborative Problem Solving® (CPS) is a compassionate, evidence-based, trauma-informed approach that provides a philosophy and tools to address challenging behaviour. This approach is used across North America to build skills and relationships with students while reducing educator burnout.

This session is an introduction to CPS. During the session, we will discuss what causes challenging behaviour, share the three key components of the CPS approach, and provide information about opportunities to learn CPS. If you would like more information about CPS prior to the session, please visit <https://thinkkids.org/>.

## Presenters

### Matt Sticksl

Matt Sticksl is a teacher, parent and Think:Kids CPS Certified Trainer in Collaborative Problem Solving® (CPS). For the past two years he has been teaching in a Student Services role in a K-9 school with the Calgary Board of Education (CBE). Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs.

While working as a CBE teacher in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach to address challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Over the last three years, Matt has delivered CPS training sessions for educators, mental health professionals and parents across Alberta. You can learn more about Matt and his work at [www.newlightlearning.ca](http://www.newlightlearning.ca).

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## Registration Notes

Session times are mountain time.



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