

Social Media Use and Youth

**PRESENTED BY****Calgary Health Promotion Services (CHPS)****SERIES SESSIONS**

| Date | Time |
|------------------|-------------------|
| October 17, 2023 | 4:00 PM - 5:30 PM |

**LOCATION****Online****FEE****\$0.00****QUESTIONS?****Contact Us:**crc.info@aplc.ca[403-291-0967](tel:403-291-0967)**REGISTER ONLINE****Visit our website to register:**crupd.ab.ca

Learning Opportunity

Target Audience: All administrators, educational assistants, guidance counselors, instructional leaders, parents, pre-service teachers, support staff and teachers are encouraged to attend.

Social media has been around for decades and is commonly used by all. These digital platforms allow any user to create or share content in forms of posts, photos, videos and connection. This session will explore social media use among youth, highlighting the risks and benefits of use, impact on mental health and strategies that can be implemented by parents and service providers.

Presenters

Calgary Health Promotion Services (CHPS)

The Health Promotion Facilitators on the Community Health Promotion Services (CHPS) Team connect, consult, collaborate, and contribute resources to communities. Their mission is to prevent and reduce harms related to alcohol, drugs and mental health disorders by maximizing the well-being of children, adolescents and families.

Registration Notes

All session times are Mountain Time.

This session will not be recorded.



**Providing Quality Professional Learning
Opportunities to K-12 Education Staff**