

Rethinking Challenging Kids – An Introduction to Collaborative Problem Solving®

**PRESENTED BY****Matt Sticksl****SERIES SESSIONS**

Date	Time
October 11, 2023	4:00 PM – 5:30 PM

**LOCATION****Online****FEE****\$20.00****QUESTIONS?****Contact Us:**register@crupd.ab.ca[403-291-0967](tel:403-291-0967)**REGISTER ONLINE****Visit our website to register:**crupd.ab.ca

Program

Target Audience: All teachers, educational assistants, administrators, guidance counsellors and partners are encouraged to attend.

Working with children and teens struggling with challenging behaviours can be difficult, stressful and complex. Collaborative Problem Solving® (CPS) is a compassionate, evidence-based, trauma-informed approach that provides a philosophy and tools for working with children and youth with challenging behaviours.

This session is a CPS Introductory Training. During the session we will explore what causes challenging behaviours and provide an overview of the three key components of the CPS approach. This training is a foundation for professionals interested in learning more about CPS in the future. If you would like more information about CPS prior to the session, please visit <https://thinkkids.org/>.

Presenters

Matt Sticksl

Matt Sticksl is a Think:Kids CPS Certified Trainer in the Collaborative Problem Solving® approach and receives ongoing supervision from Think:Kids. He is also a teacher and parent living in Calgary, Alberta (Treaty 7). Matt is currently teaching in a Student Services role in a K-9 school. Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs in Calgary.

While working in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach for working with youth with challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Over the past two years, Matt has delivered CPS training sessions for parents and professionals across Alberta. You can learn more about Matt and his work at www.newlightlearning.ca.

Registration Notes

This session will be recorded.

All session times are mountain time.



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