

# Rethinking Challenging Kids – An Introduction to Collaborative Problem Solving®

**PRESENTED BY****Matt Sticksl****SERIES SESSIONS**

Date	Time
October 11, 2023	4:00 PM – 5:30 PM

**LOCATION****Online****FEE****\$20.00****QUESTIONS?****Contact Us:**[crc-register@aplc.ca](mailto:crc-register@aplc.ca)[403-291-0967](tel:403-291-0967)**REGISTER ONLINE****Visit our website to register:**[crcpd.ab.ca](https://crcpd.ab.ca)

## Learning Opportunity

Target Audience: All teachers, educational assistants, administrators, guidance counsellors and partners are encouraged to attend.

Working with children and teens struggling with challenging behaviours can be difficult, stressful and complex. Collaborative Problem Solving® (CPS) is a compassionate, evidence-based, trauma-informed approach that provides a philosophy and tools for working with children and youth with challenging behaviours.

This session is a CPS Introductory Training. During the session we will explore what causes challenging behaviours and provide an overview of the three key components of the CPS approach. This training is a foundation for professionals interested in learning more about CPS in the future. If you would like more information about CPS prior to the session, please visit <https://thinkkids.org/>.

## Presenters

### Matt Sticksl

Matt Sticksl is a teacher, parent and Think:Kids CPS Certified Trainer in Collaborative Problem Solving® (CPS). For the past two years he has been teaching in a Student Services role in a K-9 school with the Calgary Board of Education (CBE). Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs.

While working as a CBE teacher in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach to address challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Over the last three years, Matt has delivered CPS training sessions for educators, mental health professionals and parents across Alberta. You can learn more about Matt and his work at [www.newlightlearning.ca](http://www.newlightlearning.ca).

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## Registration Notes

This session will be recorded.

All session times are mountain time.



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Opportunities to K-12 Education Staff**