

# Collaborative Problem Solving® Tier 1 Training: Essential Foundation – Repeat



PRESENTED BY  
**Matt Sticks**



## SERIES SESSIONS

Date	Time
March 16, 2023	9:00 AM - 3:30 PM
March 17, 2023	9:00 AM - 3:30 PM
March 23, 2023	9:00 AM - 3:30 PM



LOCATION  
**FFCA - Learning Centre - 110 - 7000  
Railway St. SE**

## FEE

**\$450.00**

## QUESTIONS?

Contact Us:  
[register@crccd.ab.ca](mailto:register@crccd.ab.ca)  
[403-291-0967](tel:403-291-0967)

## REGISTER ONLINE

Visit our website to register:  
[crccd.ab.ca](http://crccd.ab.ca)

## Program

Target Audience: All teachers, educational assistants, administrators, guidance counsellors, and partners are encouraged to attend.

Collaborative Problem Solving® (CPS), developed by [ThinkKids](#) of the Department of Psychiatry at [Massachusetts General Hospital](#), starts with the philosophy that all kids want to do well and will do well if they can. This evidence-based approach to managing challenging behaviour promotes the understanding that challenging kids lack the skill – not the will – to behave; specifically, skills related to problem-solving, flexibility, and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control, and motivational procedures, and instead focuses on collaborating with the child/youth/young adult to solve the problems leading to challenging behaviour and building the skills they need to succeed. Additional information and resources can be found at: [www.thinkkids.org](http://www.thinkkids.org)

Tier 1 Training is designed for educators, clinicians, and other professionals who want to apply the CPS approach with the kids in their lives. Participants will learn all three components of the approach – assessment, planning, and intervention. Attendees are also exposed to the neurobiology behind CPS and how CPS operationalizes the latest research on trauma-informed care.

Tier 1 incorporates lectures, case studies, interactive role-play, video examples, and breakout groups. The training also provides practical guideposts and materials to help participants use the model in their daily lives.

## Presenters

### **Matt Sticks**

is a Think:Kids CPS Certified Trainer in the Collaborative Problem Solving® approach and receives ongoing supervision from Think:Kids. He is also a teacher and parent living in Calgary, Alberta (Treaty 7). Matt is currently teaching in a Student Services role in a K-9 school. Prior to this, he taught for eight years in adolescent mental health and addiction treatment programs in Calgary.

While working in a program partnership with Alberta Health Services, Matt was exposed to CPS as an approach for working with youth with challenging behaviours. After exposure, training, and seeing the effectiveness of CPS, he worked to become the only Certified Trainer in Western Canada. Matt has trained professionals from numerous school districts in Alberta, Alberta Health Services and across North America. You can find out more about Matt's work at [newlightlearning.ca](http://newlightlearning.ca).

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## Registration Notes

When registering, you are signing up for all three days. Attendance is required for each day as the learning builds upon the previous session's content.

Participants with full attendance will receive a certificate of completion for 16 hours of training.

Registration is limited to 20 participants.

